## Woodside Crescent Dental Practice



6 Woodside Crescent Glasgow G3 7UL

Telephone: 0141 332 4622 Email: enquiries@wcdp.co.uk

An appointment has been made for you for treatment with intravenous sedation on:

We aim to make your treatment as comfortable and relaxing as possible. If you have any queries or concerns regarding your treatment, please contact us on 0141 332 4622.

This leaflet contains important instructions for your treatment, please read it carefully. If you do not follow these instructions, we may not be able to proceed with your treatment and this will result in a broken appointment charge.

If you are not exempt from NHS charges, we will be very happy to provide you with an estimate of your treatment cost. All accounts must be settled prior to the day of treatment, before you are sedated.

Sedation involves a long appointment with special facilities for which trained staff have been arranged for you. Please give at least 2 working day's notice if you need to cancel your appointment as a charge will be made for cancellation at short notice or for failed attendance.

Even if you are exempt from NHS charges you will be liable for any broken appointment charges.

You can contact the practice on 0141 332 4622 if you have any problems as a result of your treatment.

## Please read these instructions carefully:

## The day of your appointment:

Please arrive slightly early for your appointment time.

- **DO** attend with a responsible adult who can accompany you home and care for you for the rest of the day.

Your escort must be able to give you their full attention to get you home safely and **must not** have the additional responsibility of caring for small children.

Please do not bring any children with you.

- DO arrange to travel home by car or taxi and not on public transport.

If you are being driven home your driver must be with you before we can start your treatment. Please do not arrange for someone to come and pick you up later on.

If you do not attend with your escort (and driver) we will not be able to start your treatment and will result in a broken appointment charge.

- **DO** remove all make-up, particularly nail varnish and lipstick, before your appointment so the dentist can monitor you carefully while you are sedated.
- **DO** wear loose fitting and comfortable clothing with flat shoes. It is particularly important for sleeves to be loose.
- **DO** continue to take routine medication unless the dental surgeon advises otherwise.
- **DO** tell the dental surgeon if you have seen your family doctor or attended hospital since your last visit to us.
- **DO** tell the dental surgeon if you are breastfeeding or if it is possible that you are pregnant.
- **DO** eat light and easily digestible food and take any medicines that have been prescribed for you.

You may need to remove any contact lenses so remember to take your glasses or a replacement pair of lenses for use once the treatment is finished.

## **Special Precautions After Intravenous Sedation**

After your appointment you should rest for a few hours and spend the rest of the day quietly. Usually drowsiness lasts no more than 8 hours. Some people sleep heavily following sedation. Very occasionally some patients feel drowsy the following day.

- **DO NOT** drive any vehicle, ride a bike or operate machinery such as cookers, kettles or irons for 24hours.
- **DO NOT** drink any form of alcohol until the following day.
- **DO NOT** sign any legal documents until the following day.
- Owing to the after effects of the drugs used, care should be taken when using the internet for personal communication until the following day